

PARENT'S TURN: Virtual Edition

FREE 6-week skill building and support group for parents of teens and young adults

Wednesdays 5:00pm-7:00pm September 23rd - October 28th, 2020

This program offers effective tools and real solutions to help:

- Stop destructive teen behavior
- Deal with adolescent attitude
- End arguing with your child
- Heal family relationships
- Reinstate appropriate parental authority

- Improve grades and learn tips for distance-learning
- Address drug and alcohol use
- Get support from other parents facing this tough job during Covid-19!

WHEN?

Wednesdays 5:00pm - 7:00pm

WHERE?

Online: Zoom

WHO CAN ATTEND?

Parents of adolescents and young adults still living at home

For more information, please contact: **ALex Kleinberg, LMFT**

akleinberg@huckleberryyouth.org or 415-386-9398

See registration form on next page.

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Registration Form for sessions beginning 9/23/2020

When possible, having both parents and/or other key caregivers attend is highly recommended as it can be very useful in getting on the same page.

Name of Parent/Guardian:			
Address:			
Email:	Phone:		
Name of Parent/Guardian:			
Address:			
Email:	Phone:		
How did you hear about th	nis class?		
Is your child or family invo	Ived in other Huckleberry Youth Program services?	□ Yes	□No
If yes, name of child and p	rogram:		

This class will be facilitated over Zoom. Please make sure you have technical requirements. More information about the class will be sent out via email.